

Sikkim Public Service Commission

Written Examination for the post of Pharmacist (Ayurveda), Pharmacist (Homeopathy) and Yoga Instructor under Sikkim State AYUSH Service

PAPER – I

Time Allowed: 1.5 hours

Full marks: 60

INSTRUCTIONS TO CANDIDATES

Read the instructions carefully before answering the questions: -

- 1. IMMEDIATELY AFTER THE COMMENCEMENT OF THE EXAMINATION, YOU SHOULD CHECK THAT THIS BOOKLET DOES NOT HAVE ANY UNPRINTED, TORN OR MISSING PAGES OR ITEMS. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET.**
- 2. Use only Black Ball Point Pen to fill the OMR Sheet.**
- 3. Do not write anything else on the OMR Answer Sheet except the required information.**
- 4. Candidates must fill in the particulars in the appropriate places in the Answer Sheet and OMR sheet as per given instructions. Any discrepancy/omission will render the Answer Sheet/OMR Sheet liable for rejection.**
- 5. Part - I of this booklet contains questions in MCQ mode to be marked in OMR Sheet. Part - II and Part - III contains Writing Section which must be written on separate answer sheet provided to you.**
- 6. After the examination has concluded, you should hand over the Answer Sheet and OMR sheet to the Invigilator only. You are permitted to take with you the Test Booklet.**
- 7. THERE WILL BE NEGATIVE MARKING FOR WRONG ANSWERS MARKED BY A CANDIDATE IN THE OBJECTIVE TYPE QUESTIONS**
 - i. There are four alternatives/answers to every question. For each question for which a wrong answer has been given by the candidate, one-third of the marks assigned to the question will be deducted as penalty.**
 - ii. If a candidate gives more than one answer, it will be treated as a wrong answer even if one of the given answers happen to be correct and there will be same penalty as above to the question.**
 - iii. If a question is left blank, i.e., no answer is given by the candidate; there will be no penalty for that question.**

DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO

PART – I GENERAL ENGLISH

Read the passage carefully and choose the correct answers from the given options.
(1 X 5 = 5 Marks)

While there is no denying that the world loves a winner, it is important that you recognize the signs of stress in your behavior and be healthy enough to enjoy your success. Stress can strike anytime. While a certain amount of pressure is necessary for performance, it is important to be able to recognize your individual limit.

Stress is a body reaction to any demand or change in its internal and external environment. Whenever there is change in the external environment such as temperature, pollutants, humidity and working conditions, it leads to stress. In these days of competition when a person makes up his mind to surpass what has been achieved by others, leading to an imbalance between demands and resources, it causes psychosocial stress.

Such signs appear in attitude and behavior of the individual, as muscle tension in various parts of the body, palpitation, high blood pressure, indigestion and hyperacidity. Ultimately the result is self-destructive behavior such as eating disorder, drinking too much, smoking and relying on tranquilizers. The other signs are trembling, shaking, nervousness etc.

Stress can also lead to depression, lethargy, mood swings and weakness. In a study by WHO, carried out by Harvard School of Public Health, the global burden of diseases and injury indicated the stress diseases and injury are going to be major killers in 2020-2021.

The heart disease and depression, both stress diseases are going to rank first and second in 2020-21. Road traffic accidents are the third largest killers. These accidents are also an indicator of psychosocial stress in a fast-moving society. The excellent stress busters are nutritional diet, massage, food supplements, herbal medicines, relaxation techniques, dancing and different kinds of hobbies.

Choose the most appropriate option:

1. Stress is ____

- A. A body reaction to any demands or changes in its internal and external environment.
- B. A body reaction to any demands or changes in its internal.
- C. A body reaction to any demands or changes in its external environment.
- D. A mental reaction to any demands or changes in its internal and external environment.

2. The two major stress diseases are

- A. Smoking and drinking
- B. Hyperacidity and Ingestion
- C. Insomnia and Depression
- D. Heart disease and Depression

3. What is the third major killer besides heart diseases and depression?

- A. Hypertension
- B. Hyperacidity
- C. Ulcers
- D. Road accidents

4. The two examples of stress busters are ____

- A. Eating and drinking
- B. Eating and smoking
- C. Drinking and smoking
- D. Herbal medicines and hobbies

5. What does the word 'lethargy' mean in the passage?

- A. Vigour
- B. Energy
- C. Inactive
- D. Active

Choose the correct option for the following: - (1x6=6 marks)

6. I ____ a letter to her yesterday.

- A. Had sent
- B. Had send
- C. Was sending
- D. Send

7. They ____ when the thief entered the bedroom.

- A. Sleep
- B. Were sleeping
- C. Slept
- D. Are sleeping

8. Could you ____ the music while I am on the phone

- A. Turn
- B. Turn in
- C. Turn off
- D. Turn around

9. Our examination ____ on 5th February.

- A. Has begun
- B. Is beginning
- C. Begin
- D. Had began

10. I can see a boat _____ the picture.

- A. Of
- B. By
- C. At
- D. In

11. He travelled seventy miles _____ two hours.

- A. For
- B. In
- C. At
- D. By

Choose the appropriate synonyms for the following words: (1x3=3 marks)

12. Brief

- A. Limited
- B. Small
- C. Little
- D. Short

13. Embezzle

- A. Misappropriate
- B. Balance
- C. Remunerate
- D. Clear

14. Vent

- A. Opening
- B. Store
- C. End
- D. Past tense of go

Write the appropriate antonyms for the following words: (1x3=3 marks)

15. Absence

- A. Above
- B. Wise
- C. Presence
- D. Untidy

16. Abundant

- A. Wrong
- B. Accidental
- C. Scarce
- D. Wide

17. Cunning

- A. Sorry
- B. Free
- C. Drunk
- D. Simple

18. Write a précis of the passage given below: (3 marks)

Life is to be lived not wasted. We should measure our achievements not by the wealth we have amassed but by what we have done to add to human happiness. To know whether our lives have been lived fruitfully, we should ask ourselves. Have we relieved the sufferings of those who are in distress? Have we fought injustice and cruelty in life? If the answer is an affirmative, our lives have been lived.

19. Write an essay on any one of the topics given below: (10 marks)

The pros and cons of internet or social media in our lives.

OR

Our lives in the times of COVID 19 pandemic.

Part - II GENERAL KNOWLEDGE

Choose the correct option for the following: (1x30=30)

20. "Chu Faat" dance is a folk dance of which community in Sikkim?

- A. Lepcha
- B. Bhutia
- C. Nepali
- D. None of the above

21. Which state assembly becomes the first in India to pass a resolution demanding to scrap off the Citizenship Amendment Act (CAA)?

- A. Kerala
- B. Punjab
- C. Assam
- D. West Bengal

22. Under Swachh Survekshan league 2020 in one lakh to 10 lakhs population category, which city is adjudged as India's cleanest City?

- A. Ranchi
- B. Raipur
- C. Guwahati
- D. Jamshedpur

23. Who became the fastest Indian spinner to claim 100 wickets in One day International?

- A. Ravichandran Aswin
- B. Ravindra Jadeja
- C. Kuldeep Yadav
- D. Yuzvender Chahal

24. Which country is most largely affected by "Corona" virus?

- A. China
- B. Japan
- C. USA
- D. England

25. Which state passes a bill in its assembly to propose three capitals for the state?
- A. Andhra Pradesh
 - B. Telangana
 - C. Himachal Pradesh
 - D. Uttarakhand
26. Which state reported the first confirmed corona virus case in India?
- A. Odisha
 - B. Punjab
 - C. Goa
 - D. Kerala
27. Who became the first ever hockey player world-wide to win the prestigious "World Games Athlete of the Year" award?
- A. Ritu Rani
 - B. Gurjit Kaur
 - C. Rani Rampal
 - D. Savita Punia
28. Which country's President was present as Chief Guest at India's Republic Day Parade in 2020?
- A. China
 - B. Japan
 - C. Brazil
 - D. South Korea
29. Who won the best actor award at the 92nd Oscar Academy Awards Ceremony?
- A. Joaquin Phoenix
 - B. Leonardo Di Caprio
 - C. Adam Driver
 - D. Jonathan Pryce
30. What is the official name given by World Health Organization for the Corona virus?
- A. COVID-19
 - B. COIVD-19
 - C. COVID-20
 - D. COIVD-20

31. Hindi is the ____ most spoken language of the world in 2019 with 615 million speakers.
- A. 3rd
 - B. 4th
 - C. 5th
 - D. 6th
32. Which state government has provided industrial status to sports?
- A. Sikkim
 - B. Manipur
 - C. Mizoram
 - D. West Bengal
33. The current Speaker of Sikkim Legislative Assembly is:
- A. Gopal Baraily
 - B. Kedarnath Rai
 - C. Som Nath Poudyal
 - D. Lall Bahadur Das
34. The Kalapani- Dipulekh Territorial dispute was between India and ____
- A. China
 - B. Nepal
 - C. Bhutan
 - D. Myanmar
35. Which sport became the world's first major competition to resume post COVID-19 lockdown?
- A. Champions league
 - B. Serie A
 - C. Premier league
 - D. Bundesliga
36. Which is the worst affected state in India regarding corona virus cases?
- A. Maharashtra
 - B. Gujarat
 - C. Tamil Nadu
 - D. West Bengal
37. The first Indian Government hospital to launch Plasma Therapy for COVID- 19 is:
- A. Institute of Medical Sciences, BHU
 - B. Armed forces Medical college
 - C. King George Medical University, UP
 - D. AIIMS, Delhi

38. Which company bought 9.99% stake in Reliance Jio Platform?

- A. Facebook
- B. Google
- C. Yahoo
- D. LinkedIn

39. Which one app has become the world's fastest app to reach 50 million downloads in just 13 days?

- A. Facebook
- B. Tiktok
- C. AarogyaSetu
- D. Pokemon Go

40. The first state in India to launch the online waste exchange programme is

- A. Punjab
- B. Bihar
- C. Maharashtra
- D. Andhra Pradesh

41. As per new rule, the maximum expenditure a candidate can incur for campaigning in Lok Sabha polls is now ____

- A. 70 lakhs
- B. 73 lakhs
- C. 77 lakhs
- D. 82 lakhs

42. India's biggest cardiac hospital is inaugurated in ____

- A. Delhi
- B. Chandigarh
- C. Ahmedabad
- D. Kolkata

43. Which player is nominated by BCCI for the Rajiv Gandhi Khel Ratna awards for 2020?

- A. Rohit Sharma
- B. Virat Kohli
- C. K. I. Rahul
- D. Shilchar Dhawan

44. Which Indian city built the largest COVID- 19 facility in the world till now?

- A. Delhi
- B. Mumbai
- C. Chennai
- D. Kolkata

45. What is the name of the vaccine developed by Bharat Biotech International Limited (BBIL) and Indian Council for Medical Research (ICMR)?

- A. Covaxin
- B. Coronil
- C. Coraxin
- D. Covanil

46. Which one is the first state in India with LPG connections in all the households?

- A. Punjab
- B. Gujarat
- C. Uttarakhand
- D. Himachal Pradesh

47. Who won the "Mr Sukhim" title 2020?

- A. Norbu Tshering Bhutia
- B. Sanjay Tamang
- C. Subham Kumar Prasad
- D. Wasim Khan

48. Which is the state flower of Sikkim?

- A. Rhododendron
- B. Noble Dendrobium
- C. Noble Cymbidium
- D. Noble Rhododendron

49. How many members are there in the Sikkim Legislative Assembly?

- A. 31
- B. 32
- C. 33
- D. 34